



*Do You Suffer from Chronic Tension?
Injury? Scar Tissue? Stiff Joints?*

Vida Pura Spa "KNEAD ME" massage includes:

- Deep pressured strokes
- Hot Towel Compression
- Trigger Point Therapy
- Range of Motion
- Pain relieving anesthetic
- Hot Stone Neck Release
- Myofascial Release
- Aromatherapy

By Appointment Only | Mon-Sun 8am-7pm
11420 Airline Hwy | Baton Rouge 70816